

# CHAT ABOUT MAT

## OPIOID USE DISORDER: ADDICTION MEDICINE PERSPECTIVE

EPISODE #3 WITH DR. ELISA GUMM

### ADDICTION IS A TREATABLE, CHRONIC MEDICAL DISEASE

#### ADDICTION MEDICINE

The American Society of Addiction Medicine (ASAM) defines addiction as a "treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual's life experiences". People with addiction use substances or engage in behaviors that become compulsive and often continue despite harmful consequences.

All FDA-approved medications for the treatment of OUD should be available to all patients. Consideration should be given to the patient's preferences, past treatment history, current state of illness, and treatment setting.

Pharmacotherapy in conjunction with psychosocial treatment should be offered to patients with opioid use disorder and a co-occurring psychiatric disorder. A patient's decision to decline psychosocial treatment or the absence of available psychosocial treatment should not preclude or delay pharmacological treatment of opioid use disorder, with appropriate medication management. Motivational interviewing or enhancement can be used to encourage patients to engage in psychosocial treatment services appropriate for addressing their individual needs.

#### USEFUL RESOURCES

- [ASAM National Practice Guidelines](#)
- [ASAM Pocket Guide](#)
- [ASAM e-Learning Center](#)

FOR MORE INFORMATION ABOUT MAT AND TREATMENT RESOURCES IN ARIZONA, YOU CAN CALL THE ARIZONA OPIOID ASSISTANCE AND REFERRAL LINE AT 888-688-4222 OR VISIT [SUBSTANCEABUSE.AZ.GOV](http://SUBSTANCEABUSE.AZ.GOV)