

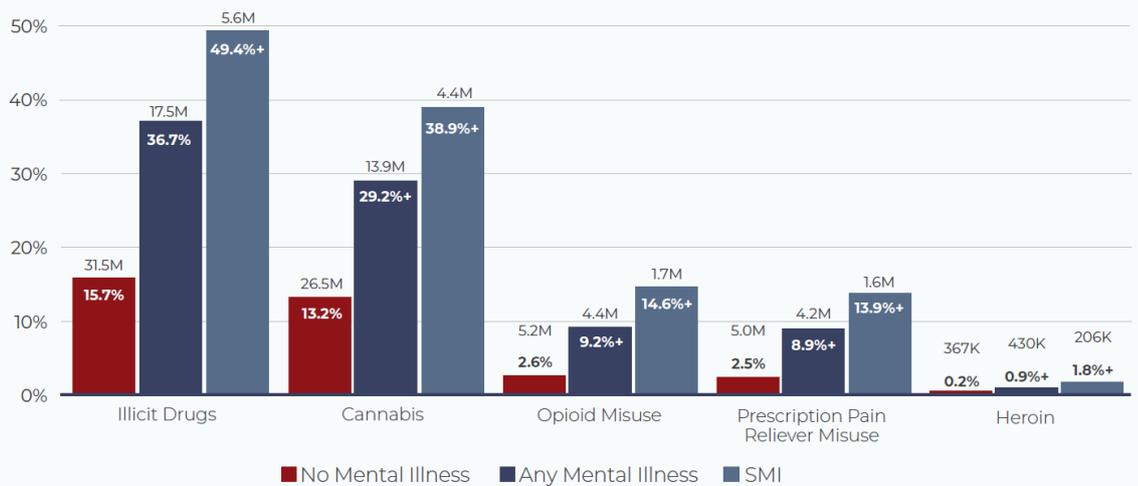
CHAT ABOUT MAT

DUAL/POLYSUBSTANCE USE AND MAT FOR OUD

EPISODE #6 WITH DR. ELISA GUMM

Opioid use disorder (OUD) often co-occurs with alcohol, nicotine, and other substance use disorders (SUDs). Treating concurring illnesses and other SUDs will improve patient outcomes. Evaluation for alcohol, nicotine, stimulant, cannabis, or other substance use is therefore recommended for best patient outcomes. In addition to co-occurring substance use, co-occurring psychiatric disorders are also common among individuals who have an OUD, with studies demonstrating a higher prevalence in this population compared to the general population.

EXHIBIT 1.2. Co-Occurring Substance Misuse in Adults Ages 18 and Older With and Without Any Mental Illness and SMI (in 2018)



Source: McCance-Katz (2019). Adapted from material in the public domain.

Some useful resources for providers include:

- [SAMHSA TIP 42](#) (Substance Use Disorder Treatment for People With Co-Occurring Disorders)
- [Providers Clinical Support System](#) (Module 16: Management of Other Substance Use Disorders: Benzodiazepines Cocaine and Other Stimulants Cannabis)
- [ASAM Guidelines](#) (Part 11)

FOR MORE INFORMATION ABOUT MAT AND TREATMENT RESOURCES IN ARIZONA, YOU CAN CALL THE ARIZONA OPIOID ASSISTANCE AND REFERRAL LINE AT 888-688-4222 OR VISIT SUBSTANCEABUSE.AZ.GOV